



BUG OUT BAG CHECKLIST

NOTE: Items accompanied by * are considered must-have essentials, and come recommended by a team of experienced survival experts. All of these items are included within the SEVENTY2 survival kit.

AIR

- ☐ Air filtration mask*

SHELTER

- ☐ Tent*
- ☐ Space blanket*
- ☐ Sleeping bag

WATER

- ☐ Filtration system*
- ☐ Water carrying solution*

FOOD

- ☐ Rations*
- ☐ Fishing kit

CLOTHING

- ☐ Cold weather gloves*
- ☐ Head gear*
- ☐ Waterproof jacket
- ☐ Change of clothes

DEFENSE

- ☐ Knife*
- ☐ Pepper spray

WARMTH

- ☐ Hand warmers*
- ☐ Matches/firestarter*

LIGHTING

- ☐ Chem lights*
- ☐ Flashlight*
- ☐ Headlamp

FIRST AID

- ☐ Anti-bacterial wipes*
- ☐ Painkillers*
- ☐ Gauze pads*
- ☐ Sunscreen*
- ☐ Medical gloves*
- ☐ Medical instrument kit*
- ☐ Bandages/Band-Aids*
- ☐ Sling*
- ☐ Burn gel*
- ☐ Antibiotic ointment *
- ☐ Antiseptic wipes*
- ☐ First aid instructions*
- ☐ Tourniquet

NAVIGATION TOOLS

- ☐ Map of area
- ☐ Compass
- ☐ GPS tracking system

MULTI-PURPOSE TOOLS

- ☐ Mini shovel*
- ☐ Axe*
- ☐ Multi-tool*
- ☐ Paracord*
- ☐ Duct tape*
- ☐ Crowbar
- ☐ Folding saw

MISCELLANEOUS

- ☐ Charger*
- ☐ Goggles*
- ☐ Whistle*
- ☐ Sewing kit
- ☐ Copies of important documents
- ☐ Emergency cash
- ☐ Prescription drugs
- ☐ Small mirror